

Health

Our 2019 Community Needs Assessment findings ranked **Access to Health Care, Substance Use Prevention & Education, Counseling & Mental Health** and **Obesity & Weight Management** as the top areas of concern for health in our community.

With that in mind, our Community Impact Council volunteers decided our community health goal should be - **To create a thriving community, we must increase the opportunities for healthy lifestyle choices and promote overall health and wellbeing.**

To achieve that goal we are looking for strategies that aim to **Increase access to primary, behavioral, vision & dental health care services** and **Increase opportunities for wellness and access to prevention.**

All programs must choose at least one **Strengthen Communities - Direct Supports and Services** performance measure and at least one **Change Lives – Client Outcomes** performance measure for reporting purposes.

Health Strategies for Change and Outcomes Performance Measures

1. Increase access to primary, behavioral, vision & dental health care services

Performance Measures:

Strengthen Communities - Direct Supports and Services

- # of individuals served with access to healthcare services and supports
- # of individuals with access to health care insurance

Change Lives – Client Outcomes

- % of individuals served who eat healthier, increase their physical activity, and/or move towards a healthy weight
- % of individuals who report their health was maintained or improved

2. Increase opportunities for wellness and access to prevention

Performance Measures:

Strengthen Communities - Direct Supports and Services

- # of individuals successfully completing health/wellness/education/prevention programs
- # of community partners engaged in health/wellness/education/prevention programs

Change Lives – Client Outcomes

- % of individuals with increased access/knowledge/engagement in wellness/prevention opportunities
- % of individuals who adopted healthy lifestyles or avoided risky behaviors, etc.