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Third Race of Winter Series – This Sunday!

Huntington, WV – This Sunday, February 28, 2010 at 2 p.m. the WV 5K Championship Race Committee will host the last in a series of three winter races at Barboursville Park.

The Committee changed the distance of this race from a 10K to an 8K (5 miles). The main goal of the Huntington Winter Series was to encourage people to move from a 5K to their first 10K. “Since we lost the ability to do a 8K (approx. 5 Miles) on January 31 due to the weather, we feel that it would make the jump from a 5K to a 10K more difficult” said series director Pat Riley.

“The 8K race distance will be the next logical step for runners to take as they work on improving their endurance,” said Chris Parsons, race committee member.

The Huntington Winter Series Presented by the Herald-Dispatch with partnership of the United Way of the River Cities has been a great success. “Our partnership with the Winter Series organizers has been great,” said Cassey Bowden, Director of Development & Marketing, United Way of the River Cities. “Their ability to be flexible in planning events, cater to the most seasoned and new runners and take the weather our region has seen in the last several weeks into consideration for the runners is commendable!” said Bowden.

The Jingle Bell 5K Run, which was the first race of the series, attracted over 200 people. The second race included over 150 very tough runners who braved the cold in Barboursville Park one day after the tri-state saw 4 ½ inches of snow.

This Sunday’s race will recognize those who come out and run the 8K along with those who have ran the entire series. Awards will be presented to the top three overall and age group male/female finishers in the 8K. Those who have run in all three races will receive a t-shirt with the Huntington Winter Series Logo on it as well as be eligible for overall and age group awards.

The new 8K course will be on crushed gravel and paved roads in the Barboursville Park. In case of a large amount of snowfall, the race will become a 5K and use the same course that was used on January 31.

Register today by visiting www.TriStateRacer.com. Entry fees are \$15 before February 26 and \$20 on race day.

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