

United Way of the River Cities  
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## For Immediate Release

(04.19.10)

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### **2<sup>nd</sup> Annual WV 5K Championship Run/Walk - Registration is Open!**

Huntington, WV - The WV 5K Race Committee along with the Herald-Dispatch and the United Way of the River Cities is proud to announce that registration has opened for the 2010 WV 5K Championship. The race will be held on June 19<sup>th</sup>, 2010. Race day registration will begin at 7:00 AM at Pullman Square. The start of the race will be at 8:00 AM.

Advance registration can be completed online at [www.TriStateRacer.com/WV5K](http://www.TriStateRacer.com/WV5K) or by printing out an entry form at the same website, mailing it to WV 5K Championship 613 Shaw Street, Barboursville, WV 25504.

Pre-Registration before June 1 is \$15. After June 1 the price will be \$25 through the running expo, which is scheduled for the evening before the race. (Registrations must be received by June 11<sup>th</sup> to receive a T-Shirt. T-Shirts will NOT be guaranteed for entries received after this date. Race day registration will be available for \$30.

Everyone registered for the race will receive a race t-shirt, a strands.com reusable track bag, a free pasta dinner at Frankie D's on Friday, June 18<sup>th</sup> plus many more awesome gifts that will be announced soon!

Last year the inaugural WV 5K Championship was the largest 5K in the state of West Virginia with 519 finishers.

Runners and walkers that are interested in signing up for the WV 5K Newsletter can do so by visiting the race website.

Sponsorship and volunteer opportunities are still available for this highly publicized event. To volunteer or receive a sponsorship package contact Cassey Bowden at 304.523.8929 x2 or via email at [cassey.bowden@unitedwayrivercities.org](mailto:cassey.bowden@unitedwayrivercities.org).

Attachment: Race Poster

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Welcome to  
Runnington, WV



June 19, 2010  
8:00 AM

Pullman Square - Huntington, WV



The West Virginia 5K Championship Run/Walk Presented by the Herald-Dispatch. The effort to show the world that Huntington is dedicated to fostering active lifestyles and lead by example has turned into one of the biggest and best races in our region. Encourage others to come and join in the 2nd Annual WV 5K Championship Run/Walk and continue to prove to the nation that we are FIT and FAST!

June 19th, 2010 - SIGN UP NOW! - Money Prizes!!

For More Information, visit [www.TriStateRacer.com](http://www.TriStateRacer.com)



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